



# My Top 4

## Session 1 Activity:

In this exercise, you are going to rank your values. Read the values below and rank them with number 1 being the most important value and number 8 being the least important. In the *Maybe One Day* section, place values that maybe important to you in the future.

<b>1</b>	My <u>most</u> important value is:
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	
<b>6</b>	
<b>7</b>	
<b>8</b>	

Maybe One Day:	
<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	

- Doing something that makes a difference in my community
- Having a healthy and safe relationship with my partner
- Avoiding risky situations like unprotected sex or contracting an STD
- Living a healthy lifestyle
- Being successful in a hobby, like sports or music
- Succeeding in my education
- Being liked by others
- Getting along with my family
- Staying true to myself
- Getting a reliable job
- Having others look up to me
- Having a child