

Parent/Guardian Interaction

Values Interview

Ask your parent, guardian, or a respected adult mentor the following questions to explore their personal values. Pretend like you are interviewing them and take notes on their answers.

How do you feel about...

- Creating a social media contract for the family to protect online access
- Talking to your child about healthy and unhealthy relationships
- Talking to your child about your values regarding sexual activity among teens
- Asking your child about their future goals and dreams
- Discussing ways your child can protect themselves against risky situations like unplanned pregnancy or alcohol and drug use
- Meeting new people online and sharing private information

Do you agree with the following statements? Why or why not?

- Graduating high school allows students more opportunities for growth in the future
- Waiting to have sexual intercourse until you are an adult is the healthiest choice for teens
- Having a job you enjoy is more important than making a lot of money
- Underage substance use is dangerous and can lead to more problems for teens
- A parent's values and their child's values should be similar
- Every student should have a positive role model in their life

Talk together and determine a short-term goal for yourself. Then, write out a description of how your parent or guardian can help you reach this goal. This goal can be about the family and home, health, education, or spiritual goals. Examples include: eating dinner together at least once a week, talking openly about relationships, or taking a 30 minute walk outside together.

My short-term goal is:

My guardian can help me achieve this by:

Parent/Guardian Signature: _____