

Session 2 Activity:

Below you see six squares, each with a different sentence you will need to complete. Thinking through your answers for each box, complete the sentence to best describe you. Write your name in the middle square.

I hope	I feel happiest when	I feel good about myself when
I love	I am (write your name)	I am good at

Next, think about your future goals and the path you will take to get there.

